



What's On Your Mind? A Workshop about Mental Health.

Better understand Mental Health and why it's important. Identify the signs and symptoms of the most common mental health struggles among college students and how to overcome them.



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Monday, June 28, 2021

12:00pm-1:00pm

First 50 participants will receive a \$25.00 Door Dash Meal Card

[Click HERE to Register](#)

Any questions regarding this event please contact the EOF office at
eofmcc@middlesexcc.edu.



Mosaic Counseling &
Consulting, LLC